

Radioactive Iodine (I131) Treatment Referral Form

Veterinarians: Please ensure all sections are filled and email to info@wadestownvet.co.nz

More information/treatment dates: wadestownvet.co.nz/radioactive.html or phone/email

Owner details: Full name: _____ Phone: _____ Email: _____ Address: _____ _____	Cat Details: Name: _____ Breed: _____ Age: _____ Sex: _____ Colour: _____
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Referring clinic: _____

Veterinarian name: _____ Date: _____

Initial blood test results at the time of diagnosis: <i>Please include reference ranges</i>			Date: _____
T4 _____	Urea _____	Creatinine _____	SDMA _____
Follow up blood test results: <i>Please include reference ranges</i>			Date: _____
T4 _____	Urea _____	Creatinine _____	SDMA _____

Was the cat on treatment at the time of follow up bloods?	No	Yes <i>Please specify</i>	
Any other medications?	No	Yes <i>Please specify</i>	
Any concurrent illnesses?	No	Yes <i>Please specify</i>	
Any history of cat flu?	No	Yes <i>Please specify</i>	
Patient suitable for gabapentin?	No	Yes	Last vaccination date: <i>Must be given in the last year at least 2 weeks prior to I131 treatment</i>
Patient's current diet:	_____		
Comments:	_____		
	<i>Please discuss potential risks and complications before referral</i>		

Information for Owners of Cats Receiving Radioactive Iodine (I131) Treatment

Radioactive iodine treatment is very safe treatment for cats, however there are risks and potential complications associated with being hyperthyroid before, during and after treatment. Please discuss any concerns about this or your cat's suitability for treatment with your regular veterinarian.

Prior to treatment

- Antithyroid medication or diet **must be stopped fourteen** (14) days prior to treatment. This includes Felimazole, Vidalta, Neo-Mercazole, Methimazole Spot-On gel and Hill's y/d prescription diet.
- We recommend transitioning your cat onto an alternative age-appropriate premium diet that doesn't include fish, raw meat or iodised salt. Increase the amount of food offered so your cat doesn't lose weight before treatment. Please ensure that your cat is up to date with vaccinations, flea and worm treatment - consult your regular vet for advice on the best options for your cat.
- Two weeks prior to the treatment day, we will call you to discuss your cat's diet and confirm the admission time. Please do not be late as our admission times are scheduled for the pre-treatment veterinary check.

During their stay

- When you arrive on the day of the treatment day our staff will talk you through the consent form, answer your questions, get your cat settled and return the carrier cage to you.
- Please keep in mind that personal belongings left with your cat will be disposed of as radioactive waste.
- Our veterinarian will examine your cat on admission and give an appropriate dose of mild sedative (gabapentin) to help reduce the stress of the treatment. Then the radioactive iodine is administered as one injection under the skin.
- Due to requirements of the NZ Office of Radiation Safety you will not be able to visit your cat during their whole stay. Our staff have undergone specific training and must follow strict protocols regarding the care of radioactive iodine patients during their stay with us.
- You are welcome to call for an update during your cat's stay. They will be offered Royal Canin Sensible dry food, Hill's i/d wet food and cooked chicken. Fussy cats are offered other foods depending on their preferences - please advise us at admission what their preferences are.
- **While patient contact is kept to a minimum, all cats are monitored closely and additional veterinary treatment can be provided when necessary. In the event that we have any concerns about your cat's wellbeing we will contact you immediately. If we are unable to contact you / the owner via the contact details provided, we will provide the minimum necessary care which will incur normal veterinary fees up to the value of \$250.**

Following treatment

- Additional instructions and restrictions for home care depend on your cat's length of stay (see below).
- If there are any health concerns before 21 days have passed since the treatment, please give us a call to discuss the options and arrange a vet check if needed.
- After 21 days post treatment, all health checks would need to be booked with your usual veterinary clinic.
- Please book a follow up test 3 months after the treatment date with your usual veterinarian.
- In a small number of cases (less than 5%) a second dose of I131 may be needed to control an overactive thyroid. If appropriate, your veterinarian may consider a referral for a second treatment.

Owner Consent for Radioactive Iodine Treatment (I131)

Please choose **one** option:

I131 Treatment + 7 day stay (\$1170)

Your cat will stay with us for 7 days after the treatment. After that they can go home but **you must agree to comply with the following instructions until 21 days have passed to avoid radiation exposure:**

- Avoid long periods (more than a few minutes) in close proximity with your cat, particularly during the first week home. It is safe to pick him/her up for short periods, but your cat should not sit on anyone's lap for extended periods of time or sleep next to them in bed.
- Avoid face to face contact. Do not allow your cat to lick you. If possible, wash your hands after handling them, especially before eating.
- Ensure your cat cannot jump up onto kitchen benches, or get into anywhere that food is placed. If you have to clean an area then wear nitrile or vinyl gloves, wipe with damp paper towels and dispose of them in the rubbish bin. Ensure your cat's food and water bowls are washed separately to your dishes.
- Waste management: if your cat urinates or vomits inside the house, it should be cleaned up thoroughly with paper towels, wearing nitrile or vinyl gloves and dispose of everything in the rubbish bin. Wash your hands thoroughly after this. If the urine or vomit has soaked into carpets, please call the clinic for further advice. Contaminated garments should be washed separately in a washing machine.
- Litter: if your cat uses a litter box, keep this in an unoccupied and uncarpeted area. Use a waterproof disposable lining and wear nitrile or vinyl gloves when cleaning it out.
- Home care pack can be provided for you to use from day 7 to day 21. This is recommended for owners who will be disposing of waste from a litter tray. The pack contains nitrile gloves, plastic apron and plastic litter tray liners. The cost is \$15 and can be purchased when you collect your cat after treatment.

I131 Treatment + 21 day stay (\$1670)

Your cat will stay with us for 21 days after the treatment. They can be treated as normal when they go home.

I131 Repeat Treatment -You must agree to comply with the instructions above until 21 days after the treatment.

Free with 7 day stay - if booked within 1 year of the first treatment (with \$250 deposit - refunded after treatment completed)

- \$490 for additional 14 day stay

\$470 with 7 or 21 days - this is for cats first treated before September 2022

We will contact you via email with the treatment information and bank details once the referral form has been received from your veterinarian. To make your booking we require a deposit of \$250. Radioactive iodine doses are ordered specifically for each patient, so this deposit is non-refundable. Once this has been received, we will advise you of the next available date and time for treatment admission.

The balance is to be paid on or before collection of your cat otherwise account fees apply.

Please note, due to high demand, an appointment will not be made until the deposit has been received.

I have read and understood all of the above information and by signing this form I agree to follow the instructions provided. I have sought advice from my own veterinarian where possible and understand the risks and potential complications of this treatment.

Owner's Full Name: _____

Owner's
Signature: _____

Date: _____

Total (incl. \$250 deposit):	\$1170	\$1670	Free	
	\$490	\$470		